



FOR IMMEDIATE RELEASE:

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Chicagoland Coaching Firm Enerpace, Inc. Offers \$50 Discount on Focus Sessions in Honor of International Coaching Week

International Coaching Week Celebrates its Tenth Anniversary

Elmhurst, IL, USA, February 5, 2008 - 2008 marks the tenth anniversary of International Coaching Week. In honor of International Coaching Week, Enerpace, Inc. Executive and Personal Coaching will offer a \$50 discount on all Coaching Focus Sessions scheduled in the month of February.

A Focus Session is an intensive 3-hour individual, confidential coaching session dedicated to one critical leadership, career or business issue requiring intense focus. Client and coach work through the issue, remove any obstacles in the path and create a plan with which to move forward.

Elene Cafasso, President of Enerpace explains: "Most of us find it very hard to schedule the time we need for a strategic look at our careers or businesses. Focus Sessions are designed to take a client away from the distractions and busy-ness of their daily life long enough to gain clarity on the 'bigger picture' issues getting in the way of their success. "

Anne Lucas, owner of Pure Harmony Massage, had this to say after a recent Enerpace Focus Session on growing her new business: "I found the session to be focused and challenging. It helped me to sort out the different tasks and priorities most important to starting up my new business."

Additional information on Enerpace Focus Sessions may be found at: http://enerpace.com/00_how.htm

About Enerpace, Inc.:

The Enerpace team is comprised of professionally trained and certified coaches who also possess business leadership experience across a broad range of disciplines and industries. Enerpace offers individual, group and team coaching solutions, as well as workshops, teleclasses and keynote speeches on a variety of topics important to business professionals. Enerpace can be reached at # 630-832-4399 or www.enerpace.com

About International Coaching Week:

International Coaching Week was started in 1999 to educate the public about the value of working with a personal, business or executive coach and to provide an opportunity for coaches and their clients to acknowledge the results and progress made through the coaching process. Coaches offer a variety of activities and pro bono services in their communities during the week, including free coaching sessions, lectures and workshops. More information about Coaching Week is available at www.coachingweek.org.

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If you'd like more information about this topic, or to schedule an interview, please contact us at:

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