



## Goal Planning Form

**My Vision** (What do I want to create? Use all 5 senses to define it & make it real!):

**My Decision** (What will I do or be to achieve my vision?):

**My Goals** (What must I achieve to implement my decision & vision?):

# Goal Planning Form

## Page 2

### **Goal #1** (Remember to be S.M.A.R.T!)

- How Does This Lead to My Vision?:
  
- Values Fulfilled by this Goal?:

### **Resources and Support:**

#### **People**

- I have:
  
- I need:

#### **Things**

- I have:
  
- I need:

#### **Skills**

- I have:
  
- I need:

**Goal Planning Form  
Page 3**

**Action Plan:**

1st Step \_\_\_\_\_

By when:

2nd Step \_\_\_\_\_

By when:

3rd Step \_\_\_\_\_

By when:

4th Step \_\_\_\_\_

By when:

**Key Milestones Along the Way:**

- 1.
- 2.
- 3.
- 4.

**Back-Up/Alternative Plan(s):**

**REPEAT FOR ADDITIONAL GOALS**