

The Enerpace PaceSetter



www.enerpace.com 630-832-4399

We Grow Agile Leaders Who Grow Purpose-Driven Firms

April 2019

Hello Subscriber,

Chicago is rightfully proud to be the home of the great Second City comedy dynasty. Did you know they have a corporate training arm too called Second City Works? I've seen their presentations a couple of times, and they are awesome!

One concept that really resonated with me is how they equate team membership with being part of an improv ensemble. Sometimes we're the star of the show, out in front with most of the lines doing the heavy lifting. But in the next "scene" (or project or task), we could be silently playing a tree at the rear of the stage. Yet the ensemble is always connected and reacting to each other, no matter who is playing each role.

I know this is true of my Enerpace team for sure. For instance, Tom is our go-to "star" for family businesses or anyone who wants to talk MBTI. Jackie leads us on all things social media, while I'm in the background providing ideas and articles for her to riff on. This is true with everyone I work with. There are times I share the spotlight, and other times my ensemble is supporting me by having my back.

This ensemble concept also mirrors our training in coaching teams and other relationship "systems". Every team member is a voice of the system representing the team as a whole. The team itself is our client, not any particular member.

What roles do you play with the teams you're on at work? Outside of work? How can you see that 'annoying guy' as just a voice of the team system? What would help you treat him/her as a fellow ensemble member so you can help position them for success when you're 'on stage' together?

In improv, actors are trained to respond to whatever an ensemble member says or does with a “yes, and.....” . Wouldn't it be nice if we had more of that energy in the world?

Wishing you a “yes, and” –

Elene



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Upcoming Events

It's tomorrow!

Build Your Leadership Resilience: Extreme Self-Care

Wednesday, 5/1, 12-1pm cst, University of Chicago Mind Your Career Webinar

Join Elene as she offers this webinar sharing the Keys to Extreme Self-Care that she utilizes with her clients to help them keep their energy barrels full.

Athletes know they can't perform ON the field if they don't take care of themselves OFF the field. The same rule applies to us as leaders! Yet often self-care goes out the window due to deadlines, family obligations and other stressors.

The way we show up energetically is a HUGE component of Executive Presence. We are the product, just like the athlete on the field. This is especially true when we're in a career transition.

This session will help you maximize your job search effectiveness and enhance your Professional Brand by practicing Extreme Self Care. Learn how to energize your life by taking extremely good care of yourself – without being selfish!

To register: <https://register.gotowebinar.com/register/2574616825220748301>

Find Out More

PWCC Instructional Programming: Know Your Worth

Tuesday, 5/14, 5:30-7:30pm cst, EvolveHer Studio, 358 West Ontario, Chicago

Elene will be participating as an expert panelist discussing "Knowing Your Worth". Join us for a lively conversation covering personal brand, self-promotion and money!

Register below.

Find Out More

Observe a Master Coach

Tuesday, 6/25, 1-2pm cst, Moore Master Coaching Webinar

Listen to Elene coach in a "real world" session! As a Master Certified Coach, Elene will demonstrate how she coaches a volunteer client so others can observe. There is a debrief and question session afterwards.

While this session is designed for current and prospective coaches, all are welcome to learn more about coaching. Want to learn more about this opportunity? Click on the link below. And, if you decide to join Elene, there is a Discount Code (ECAFA) to get 50% off of her session.

Find Out More

ELENE CAFASSO COACHES LIVE!

June 25, 2019 1-2pm CDT



Ask questions, get MP3 & CEU's

Use code ECAFA for 50% off

www.MooreMasterCoaching.com



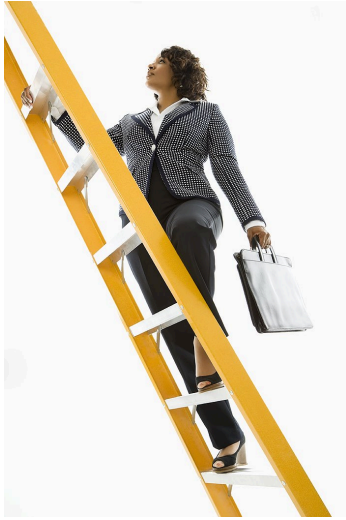
Leadership Learnings

What Google Learned From its Quest to Build the Perfect Team

Charles Duhigg, NY Times

What makes a team successful are the same attributes that are foundational for an improv ensemble!

[Find Out More](#)



Career Management Corner

What to Do if an Employer Asks You to Do a "Job Audition"

Whitney Johnson, *Harvard Business Review*

More companies want to know if you'll be a great addition to the team before they hire you. As a job hunter, be sure to consider these options before agreeing to the audition!.

[Find Out More](#)



Business Building Blocks

How Sales Sherpas Guide Prospects to the Next Steps

David J. P. Fisher, davidjpfisher.com

The ensemble concept applies to sales conversations as well. In sales, we must read, react and respond to what the prospect shares to keep the conversation moving forward.

[Find Out More](#)



Enerpace News

1. Check out the definition of leadership that Enerpace uses in the article "Definitive Guide to Successful Management Styles for Leaders".

[Find Out More](#)

2. Don't forget - Enerpace offers solutions for companies and teams, not just individuals.

Click below to learn more!

[Find Out More](#)



Enerpace Expert

Waiting in the Checkout Lane

Kimberly LaBounty, www.kimberlylabounty.yoga

What role would you play in this ensemble? Impatient General or single parent?

[Find Out More](#)



Cool Tools

7 things you didn't know you could do with Gmail

Jefferson Graham, *USA Today*

Nowadays, it feels like Google is an ever-present part of our ensemble. Who knew gmail was this talented?

[Find Out More](#)



Great Books

The 11th Habit: Design Your Company Culture to Foster the Habits of High Performance

by Andrew Sykes

Written by a great friend, a good man, a recovered actuary and a productivity expert all rolled into one! Our job as leaders is to ensure our ensemble members are positioned for success. Without the resilience created by this 11th habit, our people cannot perform at their best.

[Find Out More](#)



Quotes You Can Use

We are all connected: To each other, biologically. To the earth, chemically. And to the rest of the universe, atomically.

Neil Degrasse Tyson

American Astrophysicist and Author (1958 -)

Ready to learn more?

Go to www.enerpace.com to request
a complimentary coaching consultation!

Questions? Contact us today 1-630-832-4399



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