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Enerpace, inc.

Executive and Personal Coaching

November, 2009

The Enerpace PaceSetter



News as Individual as YOU Are

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Dear Subscriber,

It's "that" time of year again! Year-end is in sight. The holidays are upon us. 2009 will soon be history and our goals will have been met, deferred or discarded.

However, we still have a few good business weeks left! This issue of 'The PaceSetter' is designed to provide with you some ways to make the most of them, while setting the groundwork for 2010.

2009, despite the economic challenges, has been an amazing year of new relationships, partnerships and making a difference for our clients. We are grateful for the many ways you have touched our business and our lives. Thank

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Upcoming Events

[Visit our website for more information about these and other events.](#)

Dream Big! Set Goals that Create Results

December 15 -
DePaul ASK
Breakfast

Throw Away Your New Year's Resolutions! Set Goals that REALLY Get Results

January 13 - RR
Donnelly Open
Mentoring Session

Networking Basics

February 5 - UCWBG
First Friday Webinar

you.

May your holiday overflow with blessings, abundance and gratitude. Happy Thanksgiving!

The Enerpace Team

Elene, Diana, Tom, Victoria, Jackie & Melissa

Leadership Learnings - The 10 Questions Every Change Agent Must Answer - Bill Taylor

[Perhaps you've heard insanity defined as doing the same things and expecting different results? If you're ready to create different results, here are 10 questions to ask & key areas to explore.](#)

[Find out more....](#)

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Career Management Corner - Forget the Holiday Job Search Dogma- Liz Ryan

Encouraging words for those in transition over the holidays: companies DO hire in December!

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Business Building Blocks- 10 Common Mistakes Small Companies Make - David Lavenda

Brand new start-up or growing small businesses can benefit from this [Fast Company](#) article which provides twelve (yes 12!) areas to think through while preparing for 2010.

[Find out more....](#)

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Enerpace Experts - The ABC's of Emotional Intelligence - Diana Atkins

Enerpace's very own Affiliate Coach and resident Emotional Intelligence (EI) guru, Diana Atkins, provides an overview of a quick but powerful tool which helps us respond to events in the most emotionally intelligent manner possible. Numerous studies have proven the link between business and leadership success and EI. Practice using this model for the rest of 2009 and by early 2010 it will become an automatic response!

[Find out more....](#)

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Enerpace News

1. Elene Cafasso Elected to UCWBG Board

Elene was honored to be nominated and elected Vice President of Leadership and Professional Development of the University of Chicago Women's Business Group. Her 2 year term begins in January, 2010.

[Find out more....](#)

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2. Elene Quoted in 2010 Woman's Advantage Shared Wisdom Calendar.

Elene was selected as a "Top Idea Maven" by the Women's Advantage group. Their yearly calendar provides advice for women business owners from women leaders across the U.S. and Canada. It can be ordered at www.WomansAdvantage.biz.

[Find out more....](#)

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3. \$100 Discount on "Year End Focus Session" Extended through 12/31/09

Need some help reflecting on 2009 and planning for 2010? Know you need to make some changes, but unsure where to begin?

Spend a few hours with a professionally trained & certified Enerpace coach! All our coaches have real-world corporate and entrepreneurial experience that we utilize in service of our clients. Our Focus Sessions are an economical way to access the best practices and laser coaching to get you on the right path for 2010!

[Find out more....](#)

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Cool Tools - *dealhack*

All of our 'human thoroughbred' clients are often so busy with their professional life that sometimes their personal holiday shopping gets left until very the last minute. Since we can't provide you all with your very own personal shopper, here's the next best thing: a source that gives you the deadlines for on-line shopping at 170 of the most popular retail sites to insure you conclude 2009 as a hero with on-time holiday delivery!

[Find out more....](#)

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Great Books - *The Dream Manager - Matthew Kelly*

A simple, yet powerful, idea for becoming a better manager and creating a more profitable company. This book is a business parable about how companies can

achieve remarkable results by helping their employees fulfill their dreams. Perfect "feel good" book for the Holiday Season with a great bottom-line focused message too!

[Find out more....](#)

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“There will come a time when you believe everything is finished. That will be **the beginning.**” Louis L'Amour (1908–1988) American writer

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