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Enerpace, inc.

Executive and Personal Coaching

October, 2009

The Enerpace PaceSetter



News as Individual as YOU Are

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Dear Subscriber,

In Chicago, it's definitely Fall! Which means the end of 2009 is creeping up on us and it's time to start finalizing 2010 plans. This issue of the PaceSetter is designed to help you do just that!

We've selected some articles to feature this month which are designed to help you think about things in a whole new way:

- Killing ideas instead of killing yourself seeking more
- Researching employers as if they're prospective clients
- Buying a business instead of starting one from scratch

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Upcoming Events

Visit our website for more information about these and other events.

"Present YOU!"

November 5-
Elmhurst Jaycees

Dream Big! Set Goals that Create Results

December 15 -
DePaul ASK
Breakfast

Throw Away Your New Year's Resolutions! Set Goals that REALLY Get Results

January 13 - RR
Donnelly Open
Mentoring Session

At Enerpace, we're proud of our team of professionally trained and certified coaches and their real-world leadership experience that makes our firm unique. We've devised a special offer for PaceSetter readers - a "Year End Focus Session" to help you finish the year strong AND be better positioned for recovery in 2010. [Click here for more information.](#)

Until next month -

Elene

P.S. Thanks to all those who completed our survey last month! You'll receive an Executive Summary of the results shortly.

Leadership Learnings - Are You Killing Enough Ideas? - Zia Khan and Jon Katzenbach

Been charged with "doing more with less"? One of the best ways to do that is to make sure you're not wasting resources on projects that won't generate enough return. This strategic article provides guidance to make the tough choices.

[Find out more....](#)

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Career Management Corner - 9 Ways to Research Potential Employers- Liz Ryan

Some great tactics for learning more about a firm - whether you are prepping for an interview, considering a job offer, or selling to the company.

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Business Building Blocks- Buying In to the Business - Kevin McKeough

Current economic and employment conditions are causing more folks to consider going into business for themselves. This [Crain's Chicago Business](#) article provides some food for thought on whether it may be better to buy a business than start one from scratch.

[Find out more....](#)

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Enerpace Experts - 6 Tips to Overcome Procrastination - Sue Becker

Professional Organizer Sue Becker provides six time-tested and practical tactics to get you in action on the jobs that really matter most.

[Find out more....](#)

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Enerpace News

1. got balance?

In partnership with our very own Affiliate Coach, Victoria Cook, we are excited to announce a new workbook for those who desire more "multidimensional success"! For a limited time, the workbook is being offered with a F-R-E-E download of a recorded teleclass that enhances and deepens the workbook material.

[Find out more....](#)

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2. Don't be a Slave to Your Business!

Although our clients hear this regularly, Elene's top tip for business sanity was featured in the TPE blog earlier this month.

[Find out more....](#)

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Cool Tools - Still Tasty

Ok, so it's not technically a business tool. But we all have to eat, right? Botulism is a definite drain on a professional's productivity! This site helps you determine if those leftovers are actually safe to consume.

[Find out more....](#)

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Great Books - Quiet Leadership - 6 Steps to Transforming Performance at Work- David Rock

Neuroscience learnings to help us lead and manage better - - and provides great insight into why coaching is so effective!

[Find out more....](#)

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“The way to get started is to stop talking and start doing.” - Walt Disney



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