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# Enerpace, inc.

Executive and Personal Coaching

September, 2009

## The Enerpace PaceSetter



**News as Individual as YOU Are**

### In This Issue

[Leadership Learnings](#)

**Get Ideas Flowing with a Job Swap**

[Career Management Corner](#)

**6 Strategies to Reignite Your Job Search**

[Business Building Blocks](#)

**7 Ways to Own Your Google 10**

[Enerpace Experts](#)

**The Thaw - Flood or Trickle?**

[Enerpace News](#)

[Cool Tools](#)

Dear Subscriber,

Some economists are claiming we are on the verge of the long-awaited recovery. Others say we need to get used to this "new normal". So that's the focus of this month's PaceSetter: ideas, strategies, tactics and tips to help you move forward from where you are right now to where you want to be. Sounds a lot like coaching in fact!

At Enerpace, we pride ourselves on providing 'Coaching as Individual as YOU are'. This means, we rely on YOU to tell us what you're up to, what challenges you're facing, and what you'd like us to offer next.

So please take a moment to answer just FOUR brief questions. We know you have lots of stuff on your plate, so we've designed this survey to take

[Great Books](#)[Upcoming Events](#)

## Upcoming Events

[Visit our website for more information about these and other events.](#)

### "What's on Your Inner Play List? Change the Tune & Create Sales Success"

October 14 - West Suburban Chapter of Women's Council of Realtors

### Your Personal Brand: Would YOU buy YOU?

October 15 - Chicago Booth Women's Business Group

### "Present YOU!"

November 5-  
Elmhurst Jaycees

### Dream Big! Set Goals that Create Results

December 15 -  
DePaul ASK  
Breakfast

### Throw Away Your New Year's Resolutions! Set Goals that REALLY Get

just two minutes of your time. We want the answers off the top of your head and it's as easy as [clicking here to participate](#):

As a thank you, we'll gladly share an Executive Summary of the results AND a 20% discount on any programs or services developed based on what we learn.

Until next month -

Elene

P.S. Answer just [4 quick questions](#) and receive a 20% discount as our thanks to you!

#### **[Leadership Learnings - Get Ideas Flowing with a Job Swap - G.M. Maddock & R.L. Viton](#)**

[Is innovation stifled? Have budget cuts and cost containment restrictions limited your career path and leadership development options? Need something to recharge your team and provide resume-enhancing skills? Then check out this article about job swapping and start thinking about how to make it work for you!](#)

[Find out more....](#)

[Back to Top](#)

#### **[Career Management Corner - 6 Strategies to Reignite Your Job Search - ExecuNet, M. Sherman](#)**

These six strategies, drawn from "Change Your Job Search Approach in a Recessionary Economy", provide some great reminders and things to try when you feel like you've already tried it all.

[Find out more....](#)  
[to Top](#)

[Back](#)

#### **[Business Building Blocks- 7 Ways to Own Your Google 10 - Lisa Barone](#)**

One outcome of the Great Recession is an increased reliance on social media and an enhanced web presence. This article provides 7 tactics which will help move your business closer to that "Holy Grail" of making the Google Top 10.

[Find out more....](#)

[Back to Top](#)

## Results

January 13 - RR  
Donnelly Open  
Mentoring Session

### **Enerpace Experts - *The Thaw - Flood or Trickle?* - Luisa Buehler**

As President of The Hire Solution, Luisa finds the good people that make companies great. This article provides sage advice and some key questions to think through as hiring freezes begin to thaw.

[Find out more....](#)

[Back to Top](#)

### **Enerpace News**

#### **1. Time Management Tips on "Your Business Channel"**

A few of Elene's top time management tips were highlighted on this network of business resources.

[Find out more....](#)

[Back to top](#)

#### **2. September is National Alopecia Awareness Month**

Though not explicitly Enerpace news, indulge this proud Mom as I highlight my daughter Maria, who appeared on NBC News in Chicago this month. Doing our part to increase awareness of this condition and to share our personal "new normal"!

[Find out more....](#)

[Back to top](#)

### **Cool Tools - *The World Clock***

We keep this site handy on our desktop - it's invaluable when working with clients in different time zones!

[Find out more....](#)

[Back to Top](#)

### **Great Books - *Transitions: Making Sense of Life's Changes-* William Bridges**

This is one of the books we most recommend to our clients who are facing ANY type of transition. Whether it's a change in job status, relationship status or any other professional or personal life status, this book provides a framework for understanding the process we all must go through. A real classic!

[Find out more....](#)

[Back to Top](#)

“If you can't fly, run. If you can't run, walk. If you can't walk, crawl. But by all means, **keep moving.**” - Martin Luther King, Jr.

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