

# The Enerpace PaceSetter

News as Individual as YOU are!

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Upcoming Events

Dear Subscriber,

I attended the funeral of a friend's father yesterday. The minister spoke of the importance of "handholds" in our life - - things, like faith, to hold onto when we find ourselves in turbulent waters. The metaphor really resonated with me on a number of levels. Spiritually, for sure, but also personally. Our nation has held onto our Constitution and Bill of Rights for over 200 years. Can we trust they'll remain secure?

Professionally. I often urge clients to provide handholds for their stakeholders when they're introducing a new concept or a new challenge. We often are in such a hurry to get to the top of the mountain, to achieve our goals, that we fail to answer that all-so-critical question of "how?"

We recently had the opportunity to help the Senior Leadership of one of our corporate clients define the cornerstones that will make their 2017 goals a reality. When they rolled them out to the rest of the organization's leaders, the relief in the room was palpable. They now have something to hold onto and execute against! Handholds provide certainty and move our brain out of a threat state so we can shine!

What are your handholds? What can you grab onto personally and professionally when the ground seems to be shifting beneath your feet? Our articles this month provide some suggestions for you!

Holding tight –

Elene

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## Leadership Learnings

### 13 Leadership Skills You Didn't Need a Decade Ago That Are Now Essential

Forbes Coaches Council, *Forbes*



Here are 13 skills to hang onto as you navigate professionally.

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## Career Management Corner

### Why You'll Never Do Your Best Work Alone

Jeff Goins, *FastCompany*

All events are open to the public and listed in Central Time:

**If you missed Enerpace's webinar, "Influence Without Authority Using Emotional Intelligence" on Thu, 2/23, there's still a chance to see it.**  
[Details](#)

Enerpace offers programs with QTI in Leadership, Career Planning, and Business Management.

Visit the [QTI website](#) to register then click on "Events". And, learn more about QTI and ALL the upcoming workshops and events!

Here are just a few...

"How to Implement Change in Your Organization" Webinar - Tues, 3/21 at 12noon to 1:30pm

[Details](#)

"How to Deal With Conflict in Your Organization" Webinar - Wed, 3/22 at 12noon to 1:30pm

[Details](#)

"Sharpening Your Supervisor's Skills" Webinar - Thur, 3/23 at 12noon to 1:30pm

[Details](#)

"Project Management" Webinar - Fri, 3/24 at 12noon to 1:30pm

[Details](#)

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Have questions about social media and building relationships to market yourself, your business, or both?

Enerpace works with [Social Jack](#) to stay on top of the rapid changes in social networking.

Holding onto the ideas and work of others creates a great team. It brings out the best in you. And, in the end, everyone benefits!



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Check out "Social Jack TV" at no charge every Tuesday at 1pm CT.

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## Business Building Blocks

### This Single Action Will Make You A Better Husband, Wife, Boss or Employee-- According to Science

Justin Bariso, *Inc.*



We all need to work with and through people to get things done. Here's something guaranteed to help you do it!

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## Enerpace News

Our Enerpace Webinar, "[Influence Without Authority - Using Emotional Intelligence](#)", on Thursday, 2/23 was a success.



There's still a chance to view the webinar in case you weren't able to attend. Just click on the link above.

And, after viewing the webinar, register to take your own on-line EQ assessment and receive your customized report with your own EQ score, improvement tips, and an action planning guide. We offer a two hour group or individual workshop to help you understand your results and how to implement them.

Remember, to get anything done today, we need to work with and through other people. Learn how to get cooperation and collaboration without position power.

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## Enerpace Expert

### Ever Lost Your Phone?

John Becker, *Medical Office Systems, LLC*



For many of us, our cellphones have become something to hold onto in every situation - - more like a security

blanket than a handhold!

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## Cool Tools

### Leadership Agility Model

Changewise, Inc.

When facing uncertainty and rapid change, what can you hold onto? The Leadership Agility model provides 4 handholds – stakeholder, self-management, creative and context setting abilities. No matter what situation you're facing, reviewing all 4 of these areas is critical.



We're certified in the LA360° tool which provides both qualitative and quantitative feedback to create targeted and effective action plans.

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## Great Books

### ***Leadership Agility: Five Levels of Mastery for Anticipating and Initiating Change***

by *William B. Joiner and Stephen A. Josephs*



The Leadership Agility model provides 4 handholds – stakeholder, self management, creative and context setting

agilities. No matter what situation you're facing, mastering all 4 of these areas is critical.



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This book provides the theoretical framework for the LA360° tool Enerpace offers, and uses real-world case studies to illustrate the differences leaders deliver as their agility increases.

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## Quotes You Can Use

*" Lay hold of today's task and you will not depend so much upon tomorrow's. "*

Lucius Annaeus Seneca (4B.C. - 65A.D.)  
Roman Philosopher and Statesman

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a complimentary coaching consultation!

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