

You are receiving this e-mail either because you have asked to receive Enerpace's newsletter or because you have met or interacted with Elene Cafasso or a member of the Enerpace team. It is hoped that this information is useful to you. Please feel free to pass this information on to a friend who you feel will find it useful. We absolutely respect your privacy. To no longer receive our emails, click to [unsubscribe](#).

Enerpace, inc.

Executive and Personal Coaching

January, 2009

The Enerpace PaceSetter



News as Individual as YOU Are

In This Issue

[Leadership Learnings -](#)

Discover Your Authentic Leadership

[Career Management Corner](#)

The First 5 Things to Do in a Layoff

[Business Building Blocks](#)

Four Big Fat Business Plan Lies

[Enerpace Experts](#)

Business Tips for Economic Challenge

[Enerpace News](#)

[Cool Tools](#)

Dear [fname],

Welcome to the inaugural issue of The Enerpace PaceSetter - a monthly newsletter designed for high achieving human thoroughbreds like you!

Each issue will bring you information in the areas YOU told us are most important to you:

- Leadership
- Career Management
- Business Building
- Tips from Experts

We know how busy you are, so we promise to keep things brief and to the point. In fact, we'll only give you a little taste of each topic - links are provided if you'd like to read more.

[Great Books](#)[Upcoming Events](#)**Upcoming Events**

[Visit our website for more information about these and other events.](#)

Saturday, January
17th
3 p.m.

"What's on Your Inner
Play List? Change
the Tune for Sales
Success!"

Chicago Coaching
Alliance
McDonald's Hyatt
Lodge Restaurant
Oak Brook, IL

Wednesday,
February 4th
7 p.m.

"Taking Care of YOU
During a Job Search!"

St. James the Apostle
Career Group
Glen Ellyn, IL

As Executive Coaches, the Enerpace team often serves as a repository of resources and best practices for our clients. So we'll also pass on information on useful websites, books, quotes, etc. Plus we'll bring you "guest columnists" from time to time who are experts in their field.

This summary of "news you can use" is designed as our gift to you! We'll continue to keep our eyes open for articles we believe you'll find of interest. Of course, if you've got any suggestions, comments, contributions or would like to volunteer as a guest author, please give us a call at #630-832-4399.

Enjoy!

Elene

P.S. Help us create the news YOU can use by taking a moment to complete a [confidential, on-line, 5 question survey](#). Thank you!

Leadership Learnings - *Discovering Your Authentic Leadership* - Bill George, et al

This 2007 Article in the Harvard Business Review reminds us that "We ALL have the capacity to inspire and empower others. But first, we must be willing to devote ourselves to our growth and personal development as leaders".

[Find out more....](#)

[Back to Top](#)

Career Management Corner - *The First 5 Things to do in a Layoff* - Liz Ryan

Unfortunately, it seems every time we turn around today, we're hearing that another friend, relative or business associate is losing their job. Or their company is downsizing and their anxiety level is mounting. Liz provides some great tips to prepare for what none of us can control.

[Find out more....](#)

[Back to Top](#)

Business Building Blocks- *Four Big Fat Business Plan Lies* - Tim Berry

SO many of our clients shudder at the thought of creating a business plan. They envision leather bound, encyclopedia-style tomes and run in the other direction.

Who has the time and inclination to write such volumes? Well, good news - - YOU DON'T HAVE TO! Tim Berry does a great job of shining light on some of the most common "Business Plan Gremlins"

[Find out more....](#)

[Back to Top](#)

Enerpace Experts - *Business Tips to Face The Current Economic Challenge* - Ravi Dutt, CPA - Puchner, Roberts & Dutt Ltd.

When the economic news seems to be all "doom & gloom", it's important that we stay empowered by focusing on what we CAN do to guide our business through the storm. Ravi provides 18 useful tips on things we can all implement today to strengthen our firm's bottom line.

[Find out more....](#)

[Back to Top](#)

Enerpace News

1. Leadership Executive Circles

Elene Cafasso has been selected as the Women's Leadership Exchange LEXCI Circle Facilitator and Executive Coach for the Chicago Region, after an extensive screening process. The LEXCI program is unique in that it provides facilitated learning and resource sharing, networking, coaching, mentoring and customized programming for women leaders.

The link below provides more information about the LEXCI program and how it can enhance your career. Feel free to call Elene at 630-832-4399 with any questions.

[Find out more....](#)

2. Finding What Matters

Carolyn Kepcher is launching a new online community called Finding What Matters. Elene Cafasso has been selected as a founding Expert Contributor and will be blogging regularly on the site. Her first blog has already been posted - a reprint of one of our most popular articles.

[Find out more....](#)

3. Chic of the Week?

There's such a thing as a "Chic Entrepreneur"??? Who knew?

Who knew we had one in our midst? :-)

[Find out more....](#)

4. More Blog News

Elene also contributed to a Career Search Blog on the topic of job hunting in a down economy. This post is really quite an extensive article, with tips from many experts nationwide. You can read the full post with all the tips in its entirety through the link below.

[Find out more....](#)

[Back to Top](#)

Cool Tools - Mail2Web

As coaches, we often learn of tips, best practices and "cool tools" from our clients. Thought we'd pass along one of our favorites in each issue of "The PaceSetter".

Mail2Web allows you to access your email server from anywhere in the world on any computer. So, if you're like us and can never remember how to get into your server remotely, try this!

[Find out more....](#)

[Back to Top](#)

Great Books - *The First 90 Days* - Watkins

While we definitely learn from our clients, we also provide great resources to them too! One of our most recommended resources is this book by Michael Watkins.

Most folks in a new position hit the ground running a million miles per minute! This can be dangerous if you haven't taken the time to assess the lay of the land first.

Watkins does a great job of walking readers through an assessment of the strategic landscape, building an internal network, and securing early wins.

We consider this a "must read" for job changers, but really all of our professional leaders can benefit from the thinking presented in this book.

The First 90 Days is available at many libraries and at Amazon and other bookstores. A link is provided for your convenience below.

[Find out more....](#)

[Back to Top](#)

Wow! We didn't realize how much great stuff we had stored up!
Hope you found it as valuable as we do.

Happy 2009!

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Coaching as Individual as YOU Are!

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