

The Enerpace PaceSetter

News as Individual as YOU are!

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January 2017

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Dear Subscriber,

Earlier this month, I had the pleasure of hearing Maria Pinto speak at the PWCC luncheon. As a fashion designer, she's dressed some of the world's most famous women, including Michelle Obama. She's also reinvented her brand several times, most recently leaving the couture world to open the M2057 line, which is more affordable for professional women.

While her story was fantastic, what intrigued me most was the way Maria structures her time and focus. She works IN her business 3 days a week and keeps 2 days sacred for her creative work. In fact, she has an entirely separate studio space where she paints and designs clothing. She knows she IS an artist, and has structured her life to honor that higher purpose.

What would it be like to structure our week to more fully reflect our life purpose? What's the bigger "why" of what we do? How do we access that?

For most of us, it involves a connection to something greater than ourselves – nature, silence, spirituality, love. I know, in our always-on, always-noisy 24X7 world, it can be hard to do. Yet imagine what our world would be like if we all tapped into that place, even for a few minutes each day? That's MY wish for us all in 2017.

Going deep-

Elene

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Upcoming Events

All events are open to the public and listed in Central Time:

Leadership Learnings

Make Strategic Thinking Part of Your Job

Ron Carucci, Harvard Business Review



Here's one way to go deeper: make time to THINK!

Read on to find ways to put this into practice.

[Find Out](#)

[More](#)

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Enerpace is offering a webinar, "Influence Without Authority Using Emotional Intelligence" - Thu, 2/23 at 11am to 12 pm CST

[Details](#)

Enerpace offers programs with QTI in Leadership, Career Planning, and Business Management.

Visit the [QTI website](#) to register then click on "Events". And, learn more about QTI and ALL the upcoming workshops and events!

Career Management Corner

How Busy People Make Time to Think

Laura Vanderkam, *FastCompany*

We know what you're thinking – you don't have time to think let alone "go deep".

This article will give you some tips on how other busy people do it.

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Here are just a few...

"How to Implement Change in Your Organization" Webinar - Tues, 2/7 at 12noon to 1pm

[Details](#)

"How to Deal With Conflict in Your Organization" Webinar - Wed, 2/8 at 12noon to 1:30pm

[Details](#)

Business Building Blocks

Five Tips to Inspire Innovation at Your Small Business

Carol Tice, *Entrepreneur*



Want to bring more creativity and innovation to your business?

Try these tips!

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"Sharpening Your Supervisor's Skills" Webinar - Thur, 2/9 at 12noon to 1:30pm

[Details](#)

Have questions about social media and building relationships to market yourself, your business, or both?

Enerpace works with [Social Jack](#) to stay on top of the rapid changes in social networking.

Check out "Social Jack TV" at no charge every Tuesday at 1pm CT.

[Details](#)

Enerpace News

Join me for our Enerpace Webinar, "Influence Without Authority - Using Emotional Intelligence", on Thursday, 2/23 at 11am CST.

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To get anything done today, we need to work with and through other people. Learn how to get cooperation and collaboration without position power. Walk away with steps and tools you can put into practice now.



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Enerpace Expert

Want Your New Year's Resolutions to Stick? Implement Immediate Rewards As You Pursue That Long-Term Goal

Chicago Booth



We're not big fans of New Year's Resolutions. We help our clients design goals around their values which makes them much

more motivating.

This article shares research on how to stick with long term goals.

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Cool Tools

To Form Successful Habits, Know What Motivates You

Gretchen Rubin, *Harvard Business Review*

Intriguing concept - the quiz certainly pegged me correctly!

What motivates you?



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Great Books

What CEOs Are Reading



Some eclectic titles illustrate how some top CEOs go deep.

Some of these may interest you!

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Quotes You Can Use

" I don't want to get to the end of my life and find that I lived just the length of it. I want to have lived the width of it as well."

Diane Ackerman (1948 -)
Author, Poet and Naturalist

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Go to www.enerpace.com to request a complimentary coaching consultation!

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