

The Enerpace PaceSetter

News as Individual as YOU Are



January, 2012
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Dear Subscriber,

If you've not already done so, throw away your New Year's Resolutions! They don't work! We feel so strongly about this, we even offer a workshop under this name.

What DOES work is setting goals tied to an inspiring vision. Changing your intentions from something you feel you "should" do to something you actually WANT to do!

So this month, we've compiled articles to support you in this endeavor - - whether you want to become a better leader, create a more productive career, or increase the revenue generated by your business.

There's 11 months left in 2012 - its not too late!

Elene

p.s. When you're ready to change your 2012 resolutions into goals you'll actually achieve this year, call us at 630-832-4399!

Leadership Learnings - *Employee Review Time: Three Ways to Give Tough Feedback* - Paul Hellman, *CNBC.com*

We all know it's important for a leader to give employees feedback regularly, not just as part of a written performance review. Yet we also know how hard it is to do, especially when the feedback isn't positive.

This article provides a simple way to think about the feedback, based on where your employee is at. A great reminder to keep our focus on the recipient and not just on what we want them to hear.

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Career Management Corner - *5 Things You Should Stop Doing in 2012* - Dorie Clark, *HBR Blog Network*

Great reminder that WE get to decide how we want our life and career to be. Yet WE are also responsible for being in choice around how we spend our time to make sure we get there.

Carefully consider each of the 5 areas listed, and make sure you're spending your most scarce and valuable resource, your time, where it will matter the most!

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Upcoming Events

"Success Your Way: Vision It, Build It, Become It" - UCWBG Webinar, Fri. 2/3/12 @ 12 p.m. CT

[Details](#)

"Reiki - A Healing Practice for Stress Relief" - UCWBG Webinar, Fri. 3/2/12 @ 12 p.m. CT

[Details](#)

"Uplifting Service" - UCWBG Webinar, Fri. 4/13/12 @ 12 p.m. CT

[Details](#)

"Weed & Feed - Real World Applications of the 80/20 Rule" - UCWBG Webinar, Fri. 5/4/12 @ 12 p.m. CT

[Details](#)



Business Building Blocks- 5 Painless Ways to Raise Prices This Year - Carol Tice, Entrepreneur

If you've been telling yourself you "can't" raise prices until we're completely out of this recession, this article will make you reconsider your options. Advice we at Enerpace our going to follow ourselves!

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Enerpace News

Media Mentions:

60+ Webinar & Workshop Tips - *CarolRoth.com*- If you're planning on using webinars or workshops as part of your marketing tactics this year, be sure to incorporate some of these great ideas - including our tip at #51 !

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The Best Ice Breakers- *The Entrepreneurette Gazette* - Check out our tip at #40 but there's lots of other great ideas to elevate your networking skills throughout!

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60+ Great Free Business Resources - *CarolRoth.com*- We're at #58 and will be using this post for many of our "Cool Tools" in future PaceSetter editions!

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Enerpace Experts - 8 Ways to Make Your New Year's Resolutions Actually Work - Karen & Henry Kimsey-House, CTI Transforum

All 8 of these tips are tried and true best practices from the world of coaching! Have your New Year's Resolutions fallen into the "failure" category yet again? Why not create a theme for the year that will nourish you instead? Read on for more great ideas!

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Cool Tools - Read It Later



Get tons of RSS feeds or email digests with articles you never have time to read? Now you can just click on the links that interest you, select the "read it later" button, and it will be instantly available through your Smart Phone or portable reading device of choice. The next time you have to wait in line or want to turn down time into productive time, your reading material will be ready and waiting for you. We LOVE this one!

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Great Books - *Feel the Fear and Do It Anyway* - Susan Jeffers, PhD.D.

An "oldie but a goodie"! Although first published in the early '90's, we still recommend this to clients monthly.

Full of great metaphors to explain complex concepts, the book does a great job of normalizing the inner voices we ALL hear when we're about to make an important change.

Definitely one to keep in your library and reread as needed!



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Quotes You Can Use

"My business is not to remake myself. But to make the absolute best of what God made." - Robert Browning

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