

# The Enerpace *PaceSetter*

News as Individual as YOU Are



July/August, 2014

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Dear Subscriber,

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Remember the Carly Simon song "[Anticipation](#)"? No? Well, you're not alone! Most folks, myself included, only know the song as the jingle for the old [Heinz ketchup](#) commercials, if they know it at all! It applies perfectly to my life at this moment, since "Anticipation is (DEFINITELY) making me wait"!

In less than 48 hours, I'm taking my daughter Maria on a Disney cruise for the first time-- to celebrate what the politically correct among us might call my "Milestone" birthday last month. It's hard to say who is more excited - Maria about all the cool stuff on the boat, including a water-park, or me at the prospect of being without phone and email access for the first time since founding Enerpace 12 years ago.

What are YOU anticipating? A party or other celebration? The kids going back to school? Studies have shown we actually get as much, if not more, enjoyment from the planning and anticipation of an event as the event itself. If you can't think of anything you are anticipating, fix it! Plan a special dinner or picnic. Invite your favorite friends over to catch up. We all need something to look forward to.

Something I have been anticipating for a LONG time has finally come to fruition. All of us at Enerpace are so pleased to announce that [Ari Moisiades](#) has officially joined our team. You can read more about this very gifted leadership coach here.

Until next month -

Elene

P.S. If you've been 'anticipating' our next '[Coaching Skills for Leaders' workshop](#), it's time to get registered! By popular demand, we've moved our venue further West to make it easier for our Suburban friends to join us. Hope you can make it!

## LEADERSHIP LEARNINGS

### *Executive Presence: What Is It & How to Get It*

Stephen Long,  
*Roscoe Martin Executive Search and Consulting*

Looking to step right into a leadership role and instantly have the trust, vision and integrity of a born leader? Well slow down a bit because "Executive Presence" takes

time.

Work at these steps and you will be heading in the right direction!

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## Upcoming Events

(All Listed in Central Time)

*"What's Your Sway Factor? Learn the Art of Intentional Social Networking for Career Success"* - Webinar, Friday, 9/5/14 @ 12 noon CT  
[Details](#)

*"Coaching Skills for Leaders Workshop"* - Saturday, 9/20/14 from 9 to 1 pm CT  
[Details](#)

*"The #1 Personality Trait Every Leader Must Have"* - Webinar, Friday, 10/3/14 @ 12 noon CT  
[Details](#)



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## CAREER MANAGEMENT CORNER

### *Is It Time to Quit Your Job?*

Amy Gallo, *Harvard Business Review*

Anticipating what life would be like if you worked someplace else? Find yourself looking forward to the end of the work day more often than not?

Here are some things to consider before you quit.

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## BUSINESS BUILDING BLOCKS

*18 Things to Do Right Now to Be a Happier Small-Business Owner*  
Laura Schaefer, *Entrepreneur*

Are you a business owner longing for that "someday" when everything will be under control and you can have a life outside your business? Here are some very effective, yet simple, tips to find happiness along the journey.



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## ENERPACE NEWS



1. Thinking of starting a home based business but worried about all the distractions? -- laundry, the phone, the family pets, grocery shopping, making dinner, fixing something that's been on your home "to-do" list, perhaps even Ellen, your favorite daytime show?

Read on to check out these helpful hints on how to stay focused on your business in "10 Slamming Productivity Tips

when Starting a Home Based Business (Part 1)". And, Enerpace offers a tip as well!

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2. Look at Enerpace's contribution in, "Experts Weigh In: How Being an Entrepreneur Makes Me Feel Independent". Hearing from these entrepreneurs may push you to take the next big step to owning your own business!

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3. Put it on your calendar and sign up today! Our September workshop, "*Coaching Skills For Leaders*", is not that far away. The Enerpace coaches enjoyed it so much the last time that we are coming together again on Saturday, 9/20/14.

You'll get lots of hands-on practice and demos . This workshop is great for anyone who works with people and wants to learn how to be a better leader!

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## ENERPACE EXPERT

**John Becker**

*Medical Office Systems, LLC*

www.medofficesystems.com

Something we do NOT look forward to is getting a bunch of pop ups and other junk slowing down our computer system. Many times we are not even sure where it came from!

Here's how to keep it from happening to you and get rid of it if/when it does.

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## COOL TOOL



***How to Promote Your Marketing Event (40+ Ideas)***

DIY Marketing Center

Looking forward to an upcoming event? Here are some ways to help promote it - whether for your favorite charity or for a new business initiative.

Take advantage of some of these Cool Tools to get others anticipating your upcoming event!

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## GREAT BOOKS

***The Dream Manager***

by Matthew Kelly

People are usually working for something more than a paycheck. Whether anticipating a house, their child going to college or an early retirement, there's usually a bigger "why" beyond the money.

Learn how to help your employees achieve their dreams!

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## QUOTES YOU CAN USE

Yet while we are anticipating, we need to not lose sight of the present day...

*"Look to the day,  
For it is life,  
The very life of life.  
In its brief course lie all  
The realities and verities of existence,  
The bliss of growth,  
The splendor of action,  
The glory of power ---*

*For yesterday is but a dream,  
And tomorrow is only a vision,  
But today, well lived,  
Makes every yesterday a dream of  
happiness*

*And every tomorrow a vision of hope.*

*Look well, therefore, to this day."*

Sanskrit Proverb (1567-1622)

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