

The Enerpace PaceSetter

News as Individual as YOU are!

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Dear Subscriber,

Remember how David Letterman used to talk about "Brushes with Greatness"? Well, I've had two over the past 2 months and they were both with the same person! I got to spend time with Marshall Goldsmith - college professor, speaker, author of multiple best selling books AND the world's foremost Executive Coach!

Marshall provided the opening & closing keynote at the International Coach Federation Conference last month in Indianapolis, where this photo was taken.



I'm a huge fan of Marshall's work, often gifting his books to my clients and friends. I also admire his

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Upcoming Events

All events are open to the public and listed in Central Time:

generosity - he makes a great portion of his work available for free via his website, newsletters and You Tube videos. He says he's impossible to steal from, since he gives it all away!

So this month, I've decided to draw from Marshall's vast body of knowledge and feature his work in every category of the newsletter!

Enjoy the remaining days of summer -

Elene

p.s. Thank you to all who donated to the National Alopecia Areata Foundation for our annual walk-a-thon. My daughter Maria, shown below in the white hat, was the TOP fundraiser, collecting close to \$4000! Learn more & donate at www.naaf.org



Enerpace offers programs with QTI in Leadership, Career Planning, and Business Management.

Visit the [QTI website](#) to register then click on "Events". And, learn more about QTI and ALL the upcoming workshops and events!

Have questions about social media and building relationships to market yourself, your business, or both?

Enerpace works with [Social Jack](#) to stay on top of the rapid changes in social networking.

Check out "Social Jack TV" at no charge every Tuesday at 1pm CT.

[Details](#)

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Leadership Learnings

Become a More Effective Leader By Asking One Tough Question

Marshall Goldsmith, www.marshallgoldsmith.com



"It's just not the right time". Have you ever said this to yourself, in either your personal or professional life?

If, like most of us, the answer is yes, read on for the one key question to help you make the

change!

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Career Management Corner

10 Belief Triggers that Sabotage Your Success

Marshall Goldsmith, www.marshallgoldsmith.com

When you feel like you're making excuses for yourself, you may be dealing with an inner "Belief Triggers."

Marshall offers a few that are common, since awareness is the first step to get them out of your way!

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Business Building Blocks

Adding Too Much Value

Marshall Goldsmith, www.marshallgoldsmith.com



When someone shares an idea with you, how often do you put your "two cents in"?

It may not be as harmless as you think!

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Enerpace News

1. Trying to run a business and take care of your family is always a challenge. Some of the suggestions in the article, "*The 19 Habits of Successful Parent-Preneurs*" can certainly help.



Personally, I try to follow my own suggestion in Habit #2!

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2. Are you one of those folks who can't truly be at your best early in the morning.... or until after a certain amount of caffeine has been consumed? Do you find that you are more productive later in the day or even in the evening? I understand completely - I'm DEFINITELY one of those people!

Enerpace contributed to the article, "*6 Ways Night Owls Can Thrive in a 9-to-5 Work World*" to help us all be efficient - even those who prefer sunsets to sunrises!

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Enerpace Expert

Delegate More Effectively

Marshall Goldsmith



Some great advice! It's not about how much you delegate but rather discussing it with your team first. It truly makes a

difference in how effectively you divide up responsibility and get tasks done!

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Cool Tools

How to Get Better at Almost Anything

Looking to make a change? Wondering how to improve at something? Trying to reach a goal you set for yourself?

Then follow this very simple tool that Marshall Goldsmith uses daily himself!

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Great Books

Mojo: How to Get It, How to Keep It, How to Get It Back If You Lose It

By Marshall Goldsmith



In Marshall's own words, "*Mojo is the moment when we do something that's purposeful, powerful, and positive and the rest of the world*

 nizes it. This book is all about that moment--and we can create it in our lives, maintain it, and recapture it when we need it."



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Quotes You Can Use

"People will do something -- including changing their behavior -- only if it can be demonstrated that doing so is in their own best interests as defined by their own values."

Marshall Goldsmith (1949 - present)
American Leadership Coach, Author, and Speaker

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Go to www.enerpace.com to request
a complimentary coaching consultation!

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