

# The Enerpace PaceSetter

News as Individual as YOU are!

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July 2018

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Hello Subscriber,

I know it's not Thanksgiving yet, but I sure am grateful! Actually, I'm grateful it's NOT Thanksgiving and we still have our beautiful summer weather to enjoy!

Speaking of summer, I'm grateful for an upcoming vacation with my daughter...and even more grateful she still likes to hang out with me!

Think about 2018 so far. What's on your "Top 10 List" to be grateful for?

Tops on my list? I'm grateful for all the amazing, wonderful, talented people who celebrated Enerpace's anniversary and my [Master Certified Coach](#) designation with me on July 18th - in person and in spirit! I was thrilled to have folks from so many eras of my life enjoying each other and the evening. I'm grateful for my Enerpace team who worked hard behind the scenes so I could enjoy my guests. Most of all, I'm grateful I get to do work I love and be a part of so many people's lives- personally & professionally!

What else? I'm grateful to the friend who introduced me to the American Constitution Society's luncheon last week. Many gifted and caring professionals are working so hard to preserve our Constitution's ideals – now more than ever!

Last but not least, I'm grateful for the proposals I need to write and the referrals that generated them! In fact, if you know any rapidly growing, purpose-driven firms that recognize they need to

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## Upcoming Events

develop their leaders if they want to KEEP growing, I'd be grateful if you sent them my way!

What are you grateful for? Please hit reply and let me know!

Gratefully –

Elene

## **Enerpace Leadership Quiz**

Would you be grateful to know if you show up as an Emerging, Mid-Level or Senior Leader?

Then take our easy, five minute leadership quiz!

With your score, Enerpace will provide some things to work on to get you to the next leadership level.

[Find Out More](#)

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## **Leadership Learnings**

### **Authentic Appreciation**

Terry Pearce, *gratefulness.org*



Gratitude goes beyond a simple "thank you".

A great example of how to express gratitude to your people in a way they'll truly value.

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## **Career Management Corner**

### **12 Reasons to Embrace the Chaos and Move Forward in Life**

Bob Miglani, *gratefulness.org*

Be grateful for chaos? Accepting reality is a powerful first step!

Here are 12 ways a lot of positives can come from uncertainty.



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## **Business Building Blocks**

### **Tips for Building Strong Partnerships to Grow Your Business**

John Jantsch, *Duct Tape Marketing*



Who has helped you build your business? How do you express your gratitude to these key strategic partners?

Want to keep helping each other and strengthening those relationships? Here are some ideas!

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## Enerpace News

1. On July 18th, I had the pleasure of celebrating my [Master Certified Coach](#) achievement with the clients and colleagues who helped get me there. We celebrated Enerpace Executive Coaching's 16th anniversary too!



Now THOSE are reasons to be grateful!

2. Looking to get recognition from your boss? Here's a few tips to help you advance in your career. Check out the one Enerpace provided too!

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## Enerpace Expert

### Cultivating Self-Gratitude in 2018

by Erin Hackbarth, *Lulalife*



How about putting yourself on that gratitude list?

This article was written at the beginning of the year, but works just as well for a mid-year reset!

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## Cool Tools

### Gratefulness: A Network for Grateful Living

gratefulness.org

Every possible type of resource to support your efforts to bring more gratitude to your life - including daily emails with quotes that serve as reminders and make you think.

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## Great Books

***The Simple Abundance Journal of Gratitude***  
by Sarah Ban Breathnach



An oldie but a goodie!

Still a useful reminder to practice finding at least 5 reasons to be grateful every

single day. It will change your outlook on life!

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## Quotes You Can Use

*"Feeling gratitude and not expressing it is like wrapping a present and not giving it."*

William Arthur Ward (1921-1994)  
American Writer and Author

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Go to [www.enerpace.com](http://www.enerpace.com) to request  
a complimentary coaching consultation!

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