

The Enerpace *Pace*Setter

News as Individual as YOU Are



May, 2014

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Dear Subscriber,

It's that time of year again - graduation season. As my Goddaughter crossed the stage at her high school graduation, I reflected back on the day she came home from the hospital. I am saying "goodbye" to the little girl, and even goodbye to the teenager. She's now an adult, going off to college in the Fall.

There have been lots of other goodbyes in my immediate circle lately. Deaths, divorces, job transitions and even health challenges, which require us to say goodbye to the way we lived before this became our new reality.

As a coach, I know that ANY change is a loss - even a great change. It's a loss of what is; a loss of the known and familiar. Our brains love the intellectual stimulation of something new, but HATE the uncertainty that accompanies it.

To quote Oprah, "What I know for sure" is that to say 'hello' or 'yes' to something new, we must say 'goodbye' or 'no' to the status quo. To bring 'what was' to completion in order to move forward into 'what's possible'. It is our honor to accompany our clients on this journey every day.

It's SO tempting to jump into the next item on our to-do lists. Please take some time to reflect on what you've achieved, what you need to say goodbye to, and what you need to say or do in order to feel 'complete'.

Goodbye until next month! :-)

Elene

Upcoming Events

(All Listed in Central Time)

"Influence Without Authority - 7 Keys to Strengthening Your Influencing Skills" - Webinar, Friday, 6/6/14 @ 12 noon CT [Details](#)

"Ten Legal Tips for Small Business Success" - Webinar, Friday, 7/11/14 @ 12 noon CT [Details](#)

"Coaching Skills for Leaders Workshop" - Saturday, 9/20/14 from 9 to 1 pm CT [Details](#)



Maria and her "Alopecia Mom" at the 2013 annual conference

P.S. It's that time of year here I request donations for the National Alopecia Areata Foundation to support my daughter Maria in her walk-a-thon. If you wish to contribute, please make the check payable to NAAF and send to 240 N. Addison, Emhurst IL 60126. Thanks!

LEADERSHIP LEARNINGS

When Smart People are Bad Employees

Ben Horowitz, *Business Insider*

We probably all know someone who fits in this category. It's that employee, co-worker, or boss who is smart and bright but just isn't a team player or doesn't cooperate. So, what do you do?

Do you say goodbye to a smart employee who is also a "problem child"? When do you "hold the bus" and for how long? Read on to explore your options!



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CAREER MANAGEMENT CORNER

The Art of Saying a Professional Goodbye

Ed Batista, *HBR*

Saying goodbye can be tough for a lot of people and therefore it isn't always done well. How do you end something in a positive way when you are ready to move on?

Endings are a part of life in our careers - projects end; employees move on. In our personal lives we face endings with graduations or even death. This article offers some great advice to prepare you to end things in a positive way.

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BUSINESS BUILDING BLOCKS

7 Signs Your Deal is Stuck (And 3 Things You Can Do About It)

Angelique Rewers, *the corporate agent*

You work hard to get a sale and you certainly don't want it to slip through your fingers! Check out these warning signs and steps to take to get the deal back on track. Sometimes the best way to do that is to just say goodbye to the prospect!

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ENERPACE NEWS

1. Want to say goodbye to wasteful meetings? Check out these red flags in the article, "*4 Warning Signs Your Meetings are a Waste of Time*".

Enerpace shared our insight in the very first red flag!

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2. Check out Enerpace's reference to the alphabet (#16) in the article, "*Entrepreneurs:*

Tips to Create the Right Mindset for Success".

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3. There will come a time when you will want the assistance of a co-worker to help complete your job. Make it easier by building alliances now. Enerpace's comments in "*Building Alliances at Work - Getting Help Before You Need It*" offers some sound advice that we could all use!

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Enerpace Expert

How to Find That First Job/International Job

Petrini-Poli and Associate, Inc. International Business Consultants



Saying goodbye to college without having a job to say hello to yet? Don't be discouraged. Our Enerpace Expert offers some concrete ways to become one of the employed.

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COOL TOOL

6 Time-Saving Tech Tools

Christina Desmarais, Inc.com



Everyone enjoys a few "tricks" to get the job done faster, better or easier. Say goodbye to a few time consuming tasks that technology can perform for you instead!

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GREAT BOOKS

Should I Stay or Go?: How Controlled Separation(CS) Can Save Your Marriage

by Lee Raffel

Stay, say goodbye, or something in between? Explore a relatively uncommon "in between" option that may help anyone facing this difficult choice.



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QUOTES YOU CAN USE

Say goodbye to brooding, guilt and self-recrimination...

"On no account brood over your wrong-doing. Rolling in the muck is not the best way of getting clean."

Aldous Huxley, English Writer, (1894-1963)

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