

# The Enerpace PaceSetter



[www.enerpace.com](http://www.enerpace.com) 630-832-4399

## We Grow Agile Leaders Who Grow Purpose-Driven Firms

September 2019

Hello Subscriber,

Is it just me, or is trust becoming a scarce commodity? There have been too many examples to count where our political representatives, business leaders and even religious institutions violate our trust each day. Without trust that our views will be respected and received with good faith, we remain silent or interact only with those who are like us. A lack of trust triggers our reptilian brains, keeping us in a “fight/flight/freeze” state.

Luckily, we also have examples of business leaders stepping up to make a difference. For instance, several companies have announced their continued commitment to minimizing negative climate impacts – even when the laws requiring them to do so were eliminated.

Other leaders are making a difference within organizations, starting with their own teams. One of my extraordinary clients introduced me to a book he’s using for lunch-and-learn discussions, “The Thin Book of Trust”. He’s purchased copies for all the folks in his organization, and is working to create a culture where the “4 Distinctions of Trust” (sincerity, reliability, competence & care) are part of everyone’s daily experience.

Examples like this give me hope. Energy is contagious. Let’s start with our own relationships. What’s one step YOU can take to increase trust with those in your circles? The articles featured this month should give you some ideas.

Reflectively –

Elene



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Golda Meir

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## Upcoming Events

### [Union League Club of Chicago Mega Networking Extravaganza](#)

**Tuesday, 10/15, 5:15pm CST at the Union League Club**

For several years now, Enerpace has taken advantage of the opportunity to exhibit at this event to educate folks on the solutions we offer for individuals, teams and firms. Come join us - it's a great chance to network!

As a member you can register on the link below. If you're not a member and would like to attend, let us know and we'll get you registered as a guest.

[Register](#)

**[Attention all University of Chicago Alumni:](#)**

## **University of Chicago Connect: Live Resume Review**

**Monday, 11/11, 12-1pm CST, Alumni Career Program**

Elene will again be lending her knowledge to assist alumni of the University of Chicago. U of C Connect covers a variety of topics but this month it is Career Programming Month.

For more information about the Alumni Career Programs, check the link below. #UChiCareerMonth2019

[More Information](#)

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## **Leadership Learnings**

**The Neuroscience of Trust**

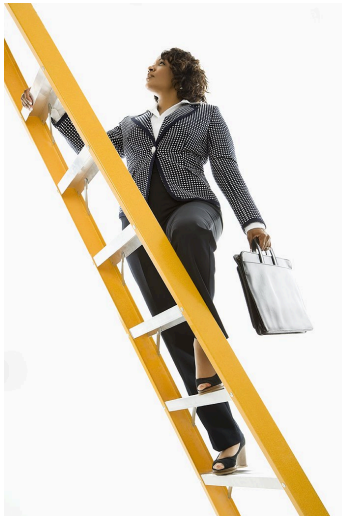
**Paul J. Zak, *Harvard Business Review***

Ultimately, you cultivate trust by setting a clear direction, giving people what they need to see it through, and getting out of their way.

To learn how, read this great article!

[Find Out More](#)

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## **Career Management Corner**

**The 15-minute weekly habit that eased my work anxiety and made my boss trust me more**

**Khe Hy, *Quartz***

Here's one easy way to create a connected, trusting relationship with your manager.

[Find Out More](#)

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## Business Building Blocks

**Boost Trust and Boost Performance**

Gresham Harkless, Jr., *CB Nation*

Take it from NASA - trust creates high performance teams!

[Find Out More](#)

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## Enerpace News

Need some time to decide if the job you were offered is right for you? Check out these suggestions to buy some time in the article "How to Ask for More Time to Consider a Job Offer". Elene offers suggestions!

[Find Out More](#)

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## Enerpace Expert

**Mark Manson**

**Author, Thinker, Life Enthusiast**

While building trust with others, take a hard look at these 8 areas to make sure you can trust yourself too!

[Find Out More](#)

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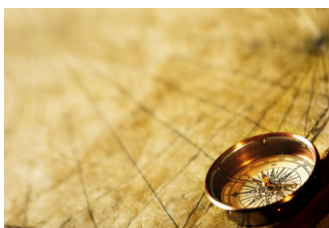
## Cool Tools

### How Coordinated Coaching Can Increase Trust Within Organizations

Suzi Pomerantz, *Forbes*

Coaching is a powerful tool for building trust across all levels of a business. This has proven to be true whether it's one-on-one with individuals or working with groups and teams. Check out this case study for one example of the results. Then give us a call to discuss how we can help your organization!

[Find Out More](#)



## Great Books

### The Thin Book of Trust; an Essential Primer for Building Trust at Work

by Charles Feltman

An easy read with great information on how to create trust within the workplace!

[Find Out More](#)



## Quotes You Can Use

*Trust yourself. Create the kind of self that you will be happy to live with all your life.*

Golda Meir (1898 - 1978)

Israeli Teacher, Fourth Prime Minister of Israel.

Ready to learn more?

Go to [www.enerpace.com](http://www.enerpace.com) to request

a complimentary coaching consultation!

**Questions?** Contact us today 1-630-832-4399



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